

Silicon Valley Endodontics & Microsurgery

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(669) 234-2354 · 1565 Hollenbeck Avenue, Suite 106, Sunnyvale, CA 94087 · svendodontics.com



Before Your Apicoectomy — Pre-Procedure Instructions

Use this checklist to prepare for endodontic microsurgery and a smoother first day of recovery.

IMPORTANT

These are general preparation instructions for apicoectomy under local anesthesia. Your personalized instructions from our team, physician, or anesthesiologist take priority.

- 1 Complete the consultation and CBCT first.**
Apicoectomy is scheduled after an examination and CBCT 3D scan confirm that surgery is the right option. Bring prior X-rays, treatment notes, and information about any previous root canal or dental surgery.
- 2 Give us your complete medical history.**
Tell us about allergies, pregnancy, heart conditions, bleeding problems, blood thinners, diabetes, bone medications, and every prescription or supplement you take. Do not stop a prescribed medicine on your own — call (669) 234-2354 with questions.
- 3 Eat a light meal before surgery.**
Unless our team gave you different instructions, eat normally or have a light meal 1–2 hours before you arrive. Routine apicoectomy is performed with local anesthesia, so fasting is not usually needed. Avoid arriving hungry.
- 4 Arrange transportation when medication requires it.**
If we prescribed an oral anti-anxiety or other sedating medicine, arrange a responsible adult to drive you home and stay available as instructed. Do not drive after taking a sedating medicine. Ask us if you are unsure.
- 5 Prepare a simple recovery setup at home.**
Have an ice pack, soft foods, clean gauze if recommended, and any prescribed or approved over-the-counter medicines ready. Plan to rest and avoid strenuous activity for the time specified by our team.
- 6 On surgery day, keep the area clean.**
Brush and floss normally before your appointment, but do not scrub the surgical area or use a new mouth rinse unless instructed. Wear comfortable clothing and avoid lipstick or heavy makeup around the mouth.

CALL BEFORE SURGERY

Please call (669) 234-2354 before surgery if you develop a fever, a new illness, worsening swelling, or a change in your medicines or medical condition. Trouble breathing or swallowing is an emergency — call 911.

Questions about your surgery?

Call (669) 234-2354 — our team can review your preparation and transportation plan.

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General patient education only. Follow the personalized instructions provided for your surgery. Never change prescribed medicines, including blood thinners, without direction from the prescribing clinician. Tell us about all medicines, allergies, medical conditions, pregnancy, and prior anesthesia problems.