

Silicon Valley Endodontics & Microsurgery

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(669) 234-2354 · 1565 Hollenbeck Avenue, Suite 106, Sunnyvale, CA 94087 · svendodontics.com



Before Your Root Canal — Pre-Procedure Instructions

A few simple steps can make your visit more comfortable and help us keep your treatment on schedule.

IMPORTANT

These are general preparation instructions for routine root canal treatment under local anesthesia. Your personalized instructions from our team, physician, or anesthesiologist take priority.

- 1 Confirm your health information.**
Tell us about allergies, medical conditions, pregnancy, blood thinners, and every prescription or over-the-counter medicine you take. Do not stop a prescribed medication — call (669) 234-2354 if you are unsure what applies to you.
- 2 Eat a light meal before your appointment.**
Unless our team gave you different instructions, eat normally or have a light meal 1–2 hours before you arrive. Fasting is not needed for routine root canal treatment with local anesthesia. Avoid arriving hungry.
- 3 Take your usual medicines as directed.**
Continue your regular medicines unless your physician or our office specifically tells you otherwise. Antibiotics are not routinely needed before a root canal; take one only if it was prescribed for you or your medical condition requires it.
- 4 Brush and floss as usual.**
Clean your teeth before you come in. No special mouth rinse or home preparation is needed. Wear comfortable clothing and feel free to bring headphones if they help you relax.
- 5 Bring the information we need.**
Bring a photo ID, insurance information, referral paperwork if applicable, a current medication and allergy list, and any recent X-rays or treatment records from your general dentist.
- 6 Plan transportation if you take an anxiety medicine.**
Routine treatment uses local anesthesia and does not require a driver. If we prescribed an oral anti-anxiety or other sedating medicine, arrange a responsible adult to drive you and do not drive afterward.

CALL BEFORE YOU COME

Please call (669) 234-2354 before the appointment if you develop a fever, a new illness, spreading facial swelling, or cannot open your mouth normally. Trouble breathing or swallowing is an emergency — call 911.

Questions about your appointment?

Call (669) 234-2354 — our team can review your medications and preparation plan.

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General patient education only. Follow the personalized instructions provided for your appointment. Never change prescribed medicines, including blood thinners, without direction from the prescribing clinician. Tell us about all medicines, allergies, medical conditions, pregnancy, and prior anesthesia problems.